

Our Mission

Not One More Vet (NOMV) will transform the status of mental wellness within the profession so veterinary professionals can survive and thrive through education, resources, and support.



WHO NOMV SERVES

EVERY member of the veterinary community with support programs available to vet tech students, veterinary students, support staff, vet techs, and veterinarians.

We also serve pet parents with education and empathy for the wellbeing of the veterinary teams that keep their beloved pets safe and healthy.

WHY IS NOMV NEEDED?



1 in 6 veterinarians considers suicide at some point in their career.

(Nett et al., 2015)

RATES OF RISK OF DEATH BY SUICIDE OF VETERINARY PROFESSIONALS COMPARED TO THE GENERAL PUBLIC



- Male veterinarians: **1.6x**
- Female veterinarians: **2.4x**
- Male technicians: **5x**
- Female technicians: **2.3x**

(Witte, 2019)

WAYS NOMV ADDRESSES WELLBEING IN VET MED

- World's largest veterinary peer-to-peer support group: **nomv.org/join**
- Educational program that provides leadership and is focused on wellness: **nomv.org/education**
- Offers financial support to those in need through a support grant program: **nomv.org/apply-for-a-grant**
- Provides an online support program specifically designed for veterinary professionals: **nomv.org/lifeboat**
- Participates in research to further the advancement of wellness, mental health, and the reduction of suicide in veterinary professionals: **nomv.org/research**
- Takes interest in the issues within the professions and among pet parents.

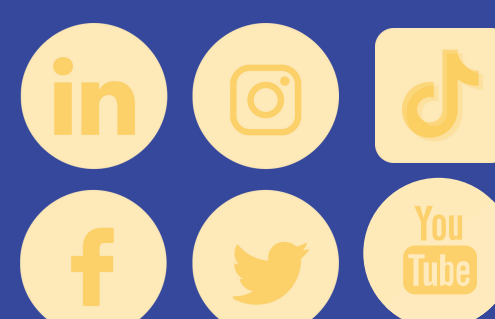
CONNECT WITH US



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