

**FINANCIAL WELLNESS 360®**

# Legal, financial and grief resources



The financial wellness benefits from LifeWorks offer professional and timely support services for a variety of needs ranging from legal matters, financial situations or coping with loss - to overall well-being concerns about family, health and more. Personalized assistance is available through confidential consultations along with easy to access online resources through web or mobile app.

Available through our mobile app, online and by phone 24/7/365, talk with counselors or access tools for a variety of needs whenever you need them:

- Confidential financial support and guidance
- Financial assessments, articles and tips
- Will preparation guidance
- Legal and grief counseling to help with the impacts of significant life events

There's no additional fee to use these resources and you don't need to enroll. Both you and your dependents can access them whenever you need them.

## Legal, financial and grief resources



**Legal** - Expert legal guidance for matters such as separation/divorce, wills and estate planning, real estate, immigration, consumer protection and more. Service includes a free 30-minute legal consultation per issue by phone or in an attorney's local office. Employees also have access to a comprehensive online legal library with templates for simple will creation, power of attorney and other legal forms.



## How to access

To access the LifeWorks legal, financial and grief resources, log in to your account online at **securian.com/retirement** or via our mobile app (search Securian Financial), then go to the Financial Wellness section.



**Financial** - Includes online access to a financial fitness assessment and phone access to accredited financial counselors to answer questions or schedule a 60-minute counseling session per issue on topics such as:

- Budget analysis
- Credit management
- Bankruptcy
- Savings goals
- Home ownership
- College funding
- Retirement considerations
- Basic estate considerations
- Tax considerations/preparation



**Grief support** - Access master's-level clinicians by phone for any stage of grief. Referrals to support groups, public agencies and community-based resources on a broad range of issues related to the loss of a loved one.

**Well-being resources** - Access to engaging online self-service content that supports individuals through everyday issues and concerns about family, health, life, money and more. Employees can browse hundreds of articles, online toolkits, audio recordings, assessments and videos with tips and tools to boost well-being and make life a little easier.



## Learn more

Access these resources and tools anytime at [securian.com/retirement](https://securian.com/retirement) in the Financial Wellness section. Just log in to your account online or via our mobile app (search Securian Financial).

Legal, financial and grief services are available through LifeWorks and all such services and products are the sole responsibility of LifeWorks. LifeWorks is not affiliated with Securian Financial Group, Inc., or Minnesota Life Insurance Company, and the services are not part of your contract with Minnesota Life. Securian Financial Group, Inc., has made these services available to its plan sponsor clients as a convenience and such availability does not constitute an endorsement of the products and services.

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Securian Financial's qualified retirement plan products are offered through a group variable annuity contract issued by Minnesota Life Insurance Company.

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